Step outside and connect with nature

This season is dedicated to God as the creator and sustainer of all life. Here are some ideas to encourage your church family to step outside during the season of creation and connect with nature.

FEAST TOGETHER

Why not get together in the great outdoors and enjoy some good food? Challenge everyone to bring (if they can) a local, sustainably-sourced plate of food that can be shared. Wrap up warm with blankets and rugs if necessary and enjoy feasting together, giving thanks to God for His good gifts.

GO ON A PRAYER WALK

Choose a short route with specific places to stop, pause and pray - an oak tree, a pond or a viewpoint perhaps. At each stopping point pray for the people and nature that are affected by climate change. Download our Prayer walk guide for more ideas.













BUILD A BUG HOTEL

Create new habitats for invertebrates by building a bug hotel. This could be in a garden, on church land, or, with permission, in a local park perhaps. Your building materials could include logs, branches, twigs, leaves and moss. With time your hotel could provide refuge and a 'family home' for a range of invertebrates.

DO CHURCH OUTDOORS

Move your service outdoors! A powerful opening activity might be collecting sticks, bringing them as an act of worship to make a cross and then gathering around the cross as a church community. Make sure any children present are appropriately supervised and do complete any necessary risk assessments.

PLANT SOME TREES

Do some research - find a site to plant some trees and work out which native trees would be good to plant there. The best time to plant trees is between November and March, but now is the time to get together and plan ahead.

PICK UP RUBBISH

Help keep your local area safe and clean for people and wildlife. Joining an existing litter pick group is a great witness and will forge closer links with the community. If a group doesn't exist already, why not set one up yourself?

EXPLORE OUR RESOURCES FOR OUTDOOR ACTIVITIES

A Rocha UK has several downloadable educational plans to engage 3-14 year olds outdoors. You will find ready-made lesson plans that are rooted in God's word here arocha.org.uk/education-plans/

Other ways to get involved with A Rocha UK

Keep in touch

bit.ly/aruksignup

Education Plans

arocha.org.uk/education-plans/

Sustainable Food **Provisions in Church**

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